

AFTERCARE ADVICE

WASHING YOUR EXTENSIONS

GET THE MOST OUT OF YOUR HAIR EXTENSIONS

- 1. Wash and condition your hair extensions. Let the conditioner sit and soak into your hair extensions before rinsing
- 2. When conditioning, avoid putting the product on the root area and thoroughly rinse to prevent a build-up
- 3. Apply your blow drying, leave in conditioner and heat protector
- 4. Blow-dry each section using a brush paddle brush or round brush.
- 5. Style to the desired look

BRUSHING & SLEEPING

TAKE THE TIME TO CARE FOR YOUR EXTENSIONS

Brushing

The extensions are attached to your natural hair, and therefore pulling them can result in pulling out your natural hair.

DIRECTION: Lay your hand on your hair whilst brushing. Start brushing from the bottom, and then work your way up slowly to the top. Ensure you are using a *Hair Extensions* brush to avoid breakage and damage to your hair.

Sleeping

NEVER go to sleep with wet hair; always make sure your extensions are completely dry to avoid tangling and a disagreeable scent.

DIRECTION: When sleeping, braid or tie your extensions into a bun to prevent tangling and knots occurring overnight.



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LIFESTYLE

THERE ARE SEVERAL THINGS TO CONSIDER WHEN HAVING HAIR EXTENSIONS

- 1. Try to avoid salt water; **Salt water** is a natural dehydrator, so your hair will be dehydrated; it also may discolour.
- 2. Try to avoid getting hair wet in **swimming pools**. Chlorine can cause matting or discolouration. If you do swim, I recommend applying a leave in conditioner before-hand.
- 3. Ensure you use a *heat protector* on your hair and the extensions at all times.
- 4. Prior to attending the gym, please apply a leave-in conditioner or light oil and brush your hair before to training.

LONGEVITY

THE LONGEVITY OF YOUR EXTENSIONS WILL DEPEND ON HOW THE HAIR IS CARED FOR.

We do not recommend silver shampoos as they can damage the cuticle of the hair.

The Colour of hair extensions is done at your own risk.

Blonde coloured extensions tend to have a shorter life span due to the bleaching content. Lighter colours also require more care.

WASHING: Wash your Extensions 1-2 times a week; take care of the extensions like your own hair.

Remember this is natural human hair.

Any Further Questions, please send me an email. Enjoy your extensions

> Lots of LOVE, CARMEN CARMEN WALKER HAIR